



Musculoskeletal Health

MoveWell by Marathon Health

Help your people move, work,
and live well

Support the full musculoskeletal (MSK) continuum—from prevention through recovery—delivering lower costs, fewer surgeries, and a healthier, more productive workforce.

Our outcomes-focused model offers a high-quality, hybrid care approach that integrates MSK care with advanced primary care for a connected member experience.

Whether a member starts their journey with an MSK or primary care provider, teams work together to identify and address musculoskeletal and broader health needs.

Care for the whole person

- **Integrated approach:** Embedded MSK and primary care teams catch health issues that siloed providers miss—lowering total cost of care
- **Proactive, outcomes-focused:** Prevent injuries, shorten recoveries, support long-term health—clinicians are measured by outcomes, not visit volume
- **Tailored and flexible:** From the office to the plant floor, we adapt to your population's needs and deliver in-person, virtual, and asynchronous access via one healthcare home
- **Quality you can measure:** Evidence-based, high-quality care backed by rigorous oversight and transparent reporting



A problem worth solving

40%+

of the U.S. population is
impacted by MSK conditions¹

\$380+ billion

in annual healthcare costs are due
to MSK conditions²

30-40%

of primary care visits include
an MSK complaint³



To learn more,
contact us at

marathon.health/chat

“My provider noticed I was struggling emotionally, not just physically, and helped me through tough times. I will never regret choosing Marathon Health for my physical therapy, and I even look forward to my appointments because I know it’s the best decision I’m making.”

— Marathon MSK care patient

Your members’ healthcare home

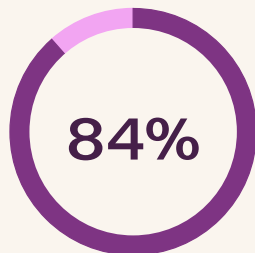


- Licensed MSK providers build on trust-based primary care relationships to engage members
- Tech-enabled, continuous care with the same clinician—no fragmented handoffs or session limits
- Clinical oversight and quality assurance support high-quality, evidence-based care
- Same- or next-day appointment availability

Comprehensive musculoskeletal care



Physical therapy	Proactive screenings	Personalized care plans
Chiropractic care	Tech-enabled home exercise plans	Referrals to high-value specialists, if needed
Industrial and tactical athletic training	Async progress monitoring	Coordinated treatment and follow-up
Massage therapy		



of members established with an MSK provider also have an established Marathon primary care relationship—enabling coordinated treatment that catches comorbidities siloed providers miss⁵

Empowering movement

MoveWell outcomes⁴

13-point

improvement in lower extremity function—nearly 2x the threshold for meaningful change

8-point

improvement in low back pain—almost twice the threshold for meaningful pain relief

70%

of early intervention cases avoided becoming an OSHA recordable

99%+

member satisfaction

⁴Results from Marathon MoveWell book-of-business, 2025 calendar year, ⁵Ibid



Learn more at
marathon.health/chat

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